

What are the benefits of health screening?

Screening is the process of identifying a medical problem at its early stage, when treatment and management is much easier.

A regular medical examination gives you useful information about your health and can sometimes also highlight familial or genetic conditions.

Advice will be provided with regard to the management of any shortterm and longterm medical problems.

How to make an appointment for a health screen

To make the appointment, please contact our reception staff on 012000501 or 012000502.

Don't forget to inform our receptionist which health screen you wish to attend for.

Fees

Please see our price list displayed in the Slievemore General Practice waiting room or ask at the front desk.

Alternatively visit www.slievemoregp.com

Doctors:

Dr. Conor O'Toole
Dr. Thomas Grimm
Dr. Siobhan McCourt
Dr. Debbie Fitzgerald
Dr. Georgina Connellan
Dr. Clodagh Keenan

Practice Nurse:

Nurse Lita Griffin
Nurse Kerry Naismith


Opening Hours:

Mon, Tues, Wed, Thurs: 8am - 7.30pm
Fri: 8am - 5pm
Sat: 10am - 2pm

 slievemore
general
practice

**Tel: (01) 200 0501
(01) 200 0502**

Mens Health Services at

 slievemore
general
practice

www.slievemoregp.com

**Tel: (01) 200 0501
(01) 200 0502**

Email: reception@slievemore-clinic.com

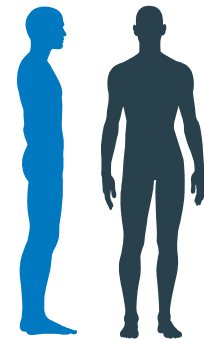
Old Dublin Road,
Stillorgan,
Co. Dublin

Mission Statement

We believe you should be able to approach your GP about any medical worry you have and expect to be treated with respect, while leaving with a good understanding of the problem and the prescribed treatment. Your GP should be like an interpreter for your body to give you a better understanding of what is wrong and why in plain English. We aim to make you feel at ease during times of physical and mental stress. We are also happy to see you when you feel perfectly well and just want to come in for a check-up. Preventive medicine is vital for a healthy future.

We believe in putting the patient first and try to offer appointments at times to suit you and your working day.

On average 90% of your medical problems can be dealt with directly by your GP without the need for further referral. General practice is by far the most efficient component of Ireland's health service, with rapid access to appointments and expertise. Here at Slievemore General Practice, we offer you a broad and comprehensive range of services so you can get as much as possible under one roof.





General Consultation

Make your general consultation appointment with any of our doctors, here at Slievemore General Practice. Monday to Friday, early morning and evening appointments available to suit you.



Mini Medical

Mini Medical Screening Involves:

This health screen focuses on the detection of problems in blood pressure, cholesterol, prostate, blood sugar (diabetes), kidney, liver or iron storage problems.

Tests carried out:

- Haematology profile (FBC)
- Liver function tests (LFT)
- Kidney function tests (U&E)
- Fasting Lipids (Cholesterol, HDL, LDL, Triglycerides)
- Fasting Glucose
- Haemochromatosis blood test
- PSA Prostate blood test (aged over 40)

When to make an appointment, and how long will it take?

The full consultation, blood tests and prostate examination lasts thirty minutes. The medical is performed on weekday mornings.

What do I need to do to prepare for this appointment?

You will need to fast for a 14 hour period in advance (ie. no food, but water is allowed) to ensure accurate cholesterol and glucose results.



Full Medical

Full Medical Screening Involves:

Tests Carried out

- Electrocardiograph Heart Tracing (ECG)
- Lung Function Test (Spirometry)
- Fasting Lipids (Cholesterol, HDL, LDL, Triglycerides)
- Haemochromatosis blood test
- PSA Prostate blood test (aged over 40)
- Kidney function tests (U&E)
- Haematology profile (FBC)
- Liver function tests (LFT)
- Fasting Glucose
- Urine Analysis
- Thyroid function test
- Faecal Occult Blood

Supplementary tests may be suggested and arranged in certain cases. These tests may need to be carried out in a local clinic e.g. Blackrock Clinic, St. Vincent's Hospital or Beacon Clinic and will carry an additional fee, for example:

- Calcium Score/CT scan of Coronary Arteries
- DEXA Scan (for osteoporosis)
- Stress/Exercise ECG
- Ultrasound Scan
- Chest Xray

When to make an appointment, and how long will it take?

This screen will begin with a nurse consultation lasting 45mins, then you will be seen by the GP, this appointment will take a further 60minutes. Please set aside 1hr and 45mins for this appointment. The medical is performed on weekday mornings.

What do I need to do to prepare for this appointment?

Please remember to fast (i.e. no food, but water is allowed) for 14 hours beforehand to ensure accurate cholesterol and glucose results. You will also be given a questionnaire upon making your appointment. This information helps to highlight any special concerns. Please remember to bring this completed questionnaire with you on the day of your appointment.



Sexual Health

The Slievemore Clinic provides a private, comprehensive Sexually Transmitted Infection Service, which includes full STI testing, advice and necessary referrals or prescriptions.

Sexual Health Screening Involves:

- Chlamydia
- Gonorrhoea
- Hepatitis B
- Hepatitis C
- HIV
- Syphilis
- Herpes
- Genital Warts

When to make an appointment, and how long will it take?

Please arrange your appointment for a weekday on (01) 2000501 or (01) 2000502. Don't forget to inform our receptionist that you are attending for an STI screen, as this requires a longer consultation with the doctor.

What do I need to do to prepare for this appointment?

A blood test and a urine sample are required. It is important to avoid emptying your bladder for at least two hours before the visit, to ensure an accurate lab result.